

## PE

*'Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.'*

*John. F. Kennedy*

### Intent

In Bradfield Primary School Physical Education is an integral part of the curriculum that actively encourages, includes and engage children. Children develop the knowledge, skills and competence to engage in a broad range of sports and physical activities. We deliver teaching and learning opportunities that enable children to achieve their personal best. We teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values.

### Implementation

#### What Physical Education looks like at Bradfield

- Each child receives 2 hours of PE a week with specialist coaches or class teachers. Sessions are planned to cover a broad and full range of skills and activities.
- Children in KS2 attend swimming lessons in a pool. They learn to swim 25m competently and confidently in a range of strokes.
- Daily opportunities for physical activity are included in the lunchtime routine. These include basketball, football, running.
- In our weekly newsletter- 'Wows!' acknowledge the children's sporting achievements that they take part in outside school.
- Children also have the chance to engage in a range of enrichment opportunities- including cricket, swimming gala, orienteering and Bikeability.
- The PE subject leader monitors the provision within the school. Assessments take place throughout the year. Information gathered is used to inform future teaching and learning; ensuring children are supported and/or challenged appropriately.
- Termly Standards Meetings with Governors and staff ensure that areas of strength and priorities for development within Physical Education are shared.

### Impact

At Bradfield Primary School, we ensure that our PE curriculum is progressive and differentiated which allows our children to develop the fundamental skills and apply them to a variety of sports and activities. We aim to inspire all children and for each child to fulfil their potential. We want the children's experience of PE to be positive and motivating. Enabling pupils to become physically confident. This supports their health, wellbeing and fitness and provides the foundations for lifelong activity.

We want them to succeed and excel in competitive sport and physical activities. We offer all children chances to compete in sport and other activities. This helps them build character and learn values such as fairness and respect.

Through PE, we develop the children's knowledge, skills and understanding. They build confidence and competence in a range of activities.